### **INTRODUCTION**

Commit your work to the Lord and your plans will be established..." <u>COLLEGE ANNUAL REPORT for the year 2021-22</u>

- Vimala College has crossed 55 glorious years in the pursuit of excellence, and has made remarkable strides, in curricular, co-curricular and extra-curricular activities.
- NAAC accredited the College, with the top grade 'A', with CGPA of 3.5 on a 4 point scale in 2014 &
  - This year we have submitted the 'Self Study Report' for the 4<sup>th</sup> cycle of NAAC accreditation, and awaiting NAAC Peer Team visit.
- The Autonomous status
  - College with Potential for Excellence
  - Mentor College under NAAC Paramarsh scheme
  - DBT- STAR College status by the Ministry of Science and Technology, Government of India
  - ISO Certification
    - And other innumerable awards and recognitions Vimala received over the years, have been stamps of merit, which moulded her, into a reputed and coveted citadel of learning.
  - The College offers 17-Undergraduate,16-Postgraduate, 2-B.Voc and 2-PG Diploma courses
    - 26 Add-on and 17-Value Added Courses were newly introduced as part of curriculum advancement
- Vimala College has Doctoral Programmes in English, Commerce, Physics, Economics, Malayalam and Social Work.
  - 2934 students are the beneficiaries of these programmes
- We have a total of.....Two hundred and eleven (211) Teaching, Administrative and Support staff

It is my honour and privilege to present before you the Annual College Report of the year 2021-22, highlighting some of the key milestones achieved over the past year.

#### HIGHLIGHTS of the year

- Vimala College has become an ISO Certified Institution.
- College was placed in the 101-150 band among the Arts and Science Colleges of India, in the National Institutional Ranking Framework (NIRF-2021) conducted by the Ministry of Human Resource Development, Govt. of India.
  - In the India Today national level Ranking 2021, Vimala College secured 27<sup>th</sup> position in Social Work, 56<sup>th</sup> in Arts, 35<sup>th</sup> in Science and 33 in Commerce.
- College was endowed with CURIE-PG-Grant, of 76 lakhs, by the Department of Science and Technology, Govt. of India.
- Institution's Innovation Council (IIC) of the Ministry of Education, Govt. of India was established in the College this year.
- A team of 7 students from Vimala College represented India and secured Gold medal in the 1<sup>st</sup> Asian Soft Baseball Games 2020-21 held at Nepal.
- A Project on 'Awareness Campaign on COVID-19' funded by the Department of Science and Technology and National Council for Science and Technology Communication was launched.
- College achieved 100% success in implementing digital teaching, learning and evaluation and ensured timely commencement and closure of semesters and examinations by strictly adhering to Covid Protocol.
- College has installed 'Lecture capturing facility' for the development of e-content
- College organized COVID-19 vaccination drives for staff, students and public in association with Avitis Institute of Medical Sciences, Elixir Clinic, IMA Blood Bank, and Rotary Club, Thrissur.
- College was registered as an Institutional Publisher under Raja Rammohan Roy National Agency as
  - 'Vimala College Publications' for the publication of books and proceedings with ISBN.
- With the support of Shri. T N Pratapan's M P fund, a new college bus was procured.
- Prapthi, a Mega job fair was conducted at the College in collaboration with 'Kerala Academy for Skills Excellence' (KASE) and Thrissur District Administration.

### (Over to Angelina, Anjana and Rosana who will lead you through the year's events).

# INFRASTRUCTURE

2021-22 infrastructure expansion in college includes:

- Garden Library
- New Research Centre Rooms for Malayalam, Economics and Social Work departments
- Fire Stairs till the 7<sup>th</sup> floor of the Lissieux Block
- An Incubation Centre
- Watchman Huts at both the entrances of the College
- A new Brain Gym on the first floor of the Library for Brainstorming sessions.
- Renovation of the Autonomy Exam Section
- A new Bus shed adjacent to the Indoor Stadium is under construction.

# LIBRARY

- Vimala College library is the cradle of book-lovers and has always been striving hard to meet the expectations of its users. Vimala College Library extended its infrastructural facilities during the pandemic period such as Research Hub, Art Gallery, Special space for Divyangjan students, Ramp, Property counter, Paper Recycling Unit, Brainstorming cum Brain Gym room and a beautiful Garden Library.
- Library launched a new website exhibiting its resources, services, and unique activities. "Digi Library" was installed by Society of E-Governance Digitization Data Centre as a part of Digital India.
- Library installed an automatic controlled door with RFID reader and face recognition software. Library took the initiative of paper recycling as its best practice and a personal entrepreneurship motivation for students.
- started a new online add on "Communicative English" in collaboration with Pearson Education.
- Library Club of Vimala College organised interdepartmental fests "BIBLIOPHILIA 2021" and "SWADHINDRA"

# IQAC

The IQAC of the College coordinated academic programmes to benefit the students during the pandemic crisis. The Cell introduced new digital teaching-learning strategies, helped the faculty to improve their digital skills through systematic faculty enrichment programmes, organized student and parent orientations, conducted stakeholder feedback analysis, set new initiatives to ensure quality in learning and research, took to implementing UGC Paraamarsh Scheme and more.

- IQAC organized an orientation programme on the topic Contemporary Education as Collective Responsibility"
- One week FDP on Outcome Based Education in association with ipsr solutions and three online webinars under UGC Paraamarsh Scheme.

- Induction programme for first year UG students.
- SPARK 2021, an Interdisciplinary Research Paper Presentation Competition for the students in collaboration with Research & Consultancy Cell.
- Dr Lissy John Endowment online lecture for parents

# CGPT

CGPT conducted placement drives, webinars on career planning, skill development training, and training for competitive exams like PSC, SSC, BANK EXAMS, Civil service foundation courses and NET examinations. Many students were placed in reputed firms such as Cognizant, TCS, Wipro, Deloitte, Infosys, CTS and in several reputed banks including South Indian Bank, Federal Bank, ESAF and in Life Insurance Corporation and also for Teach For India Scholarship.

# **COLLEGE UNION**

The parliamentary mode of election for the College Union was held on11 March 2022 and an efficient team of eight students assumed the various responsibilities of the Union under the dynamic leadership of the Chairperson Hannie Fathima. College Union was inaugurated on 14<sup>a</sup> March 2022 by Mr K Sethu Raman IPS, IG of Police (Training), Kerala Police Academy

# RESEARCH

The college currently has six Research Centres which meticulously follow a set of operating procedures in alignment with the University norms of Research. Admission of scholars, progress reviews of registered scholars, pre-submission presentations and open defences of registered scholars are conducted systematically. College Research forum coordinates seminars, conferences and workshops. 3 faculty members were recognised as Calicut University Research Guides this year and 5 faculty members were awarded Doctoral Degrees. Several of our faculty members have served as Resource Persons at various online and offline Webinars and Conferences at the National and Regional levels

# LAURELS

# FACULTY ACHIEVEMENTS

Following faculty members were awarded PhD this academic year:

- Dr Treesa T Pulickal, Dept of Social Work
- Dr Jismi Mathew, Dept of Statistics
- Dr Anila K and
- Dr Sudhin PP, Dept of Zoology
- Dr Bindu K Jose of the Dept of Zoology was awarded Post-Doctoral Fellowship

#### **Research Guides**

• Dr. Reenu George and Dr Jibhi Baskaran, Assistant Professors of the Dept of English and Dr Divya P.R, Assistant Professor of the Dept of Statistics were recognised as Research Guides under University of Calicut

#### Awards

- **Dr. Sr. Silvy Mathew** was the recipient of the Best Researcher Award at the International Scientist Awards on Engineering, Science and Medicine organized by VDGOOD Professional Association, Trivandrum.
- She also received the Best paper award at the Multidisciplinary International Conference on Emerging New World Order in the Post Pandemic Scenario organized by St. Xavier's College, Jaipur.

#### **Books Authored**

- **Dr Beena Jose**, Department of Chemistry authored two books: *Pharmacological activities of Trichopus zeylanicus & Samadera indica: Antioxidant, antibacterial activities of extracts of Trichopus zeylanicus & Samadera indica from South India and Ethical implications and Catholic church responses on the recent advances in Genetic sciences in A Renewed Church: In and for the world*
- Dr. Sheeja T Tharakan and Dr. Manju Madhavan authored textbook for B Sc Botany students
- Sojan Joseph authored the book *Income Tax Law and Accounts*
- **Dr Sr Silvy Mathew** authored *Alpinia calcarata: The Goldmine of Future Therapeutics.*
- Dr Sr Silvy Mathew, Dr Jayalakshmi, M., and Dr Sheeja, T. Tharakan authored *Biodiversity Conservation and Ecosystem Restoration*.
- Dr Manju Madhavan, Dr Jayalakshmi M., Dr Karthika, S. Menon and Dr Sheeja, T. Tharakan authored *Emerging Trends in Plant sciences*
- **PG Department and Research Centre for Economics** released an edited book titled *Covid-19 Pandemic and the Indian Economy.*

#### Positions

- Dr. V Shinju was elected as Secretary of Kerala Sociological Society, Thiruvananthapuram
- **Dr. Binu.K** was appointed the Chairman of the Board for Social Impact of Land Acquisition Study.

### STUDENT ACHIEVEMENTS

- **Devika K S** of II B.Sc. Computer Science and Athidi Sajeev and Irene Vincent of IV Semester BA Functional English were selected to Women to Women Virtual University Pakistan India Programme in partnership with US.
- As a part of Young Innovators Programme 2020-23 conducted by Kerala Development & Innovation Strategic Council (K-DISC), five ideators Fabi Franciss, Hridya S, Kavyalakshmi M S, Santhi Maria Martin and Swathi S of second year Bsc Physics participated in the state level presentation.
- Seven MSc Zoology students, 20 M A Malayalam students, ...23 Economics and 7 Malayalam Research Scholars were selected for Aspire merit scholarship by KSCSTE for the year 2021-2022
- Ms Annie Divya K B, Fourth Semester MSW Student, selected for Teach for India fellowship
- **Grace Francis** of II B.Sc. Computer Science got third prize in Video Presentation Event as part of International Conference on Futuristic Computing Trends & Challenges organized by Mount Carmel College, Bangalore.
- Abiya Alex and Sreelakshmi K of I Year B.Sc. Computer Science received First Prize as part of Intercollegiate Power Point Presentation Competition conducted by Donbosco College, Mannuthy.
- **Meenakshi Laljeev** of S4 Chemistry won prizes in Quiz competition, Digital Poster making competition and Intercollegiate Power Point competition
- Noufeedha O N and Swathy S of second year B.Sc Physics won second position in the Prof E K N memorial All Kerala Physics quiz competition held at Christ College, Irinjalakuda.
- Alan Charisma Joseph of S6 BA English Language and Literature won prizes in various competitions held in colleges across the state
- Anjana K S was selected as a participant for a group discussion that aired across All India Radio, Kerala as part of Azadi Ka Amrit Mahotsav Programme.
- **Rosana Mary Jain** of Fourth Semester B A English Language and Literature won First Prize in Reciting Keats and "Read to your sibling" competition held at St Mary's College, Thrissur and CSI Christian Muller Women's College, Chombala and Second Prize in Shakespeare Declamation Competition organized by Malabar Christian College

# SEMINARS AND WORKSHOPS

- The Department of Chemistry organised an international webinar on "Graphene based materials for electronic applications".
- Dept. of Computer Science organized an International webinar on "International Education Opportunities".
- The Department of Home Science conducted a series of Workshops on Kalamkari Painting , HACCP-level 3 ,Interdisciplinary Workshop on Sports Nutrition Counselling
- The PG department of Mathematics organized a series of webinars on "Applications of Partial Differential Equations", "Two Dimensional Manifolds" and "Applications of Graph Theory"

- The Department of Psychology organised a series of webinars on Emotional Wellbeing of Youth, "The Changing Landscape of Psychological Careers", "suicide prevention", "Dowry: A woman's perspective"
- The Department of Statistics organised a workshop on 'An Introduction To Statistical Programming Software 'R'
- The Depts of Zoology and Physics jointly organised a **Workshop on Entrepreneurship skill, attitude and behaviour development** with the Collaboration from MHRD' Innovation cell, Govt. of India, Ministry of Education,
- Department of Commerce organised webinars on "Understanding Financial Markets and Fintechs for Women Empowerment,
- Department of Economics organized a national webinar on "The Importance of Education on Disaster and Emergencies".
- The Department of English organised a National Seminar on Frankfurt School and 'Ways of Seeing'
- Department of Malayalam conducted a Folklore Webinar on *FOLKLORE AND LITERATURE*.
- The Department of Social Work organised workshops on "Project Proposal Writing" and "Theatre"
- The Department of Sociology organised **The 48th Annual Conference on inequality** and social justice: intersectionalist in kerala society
- The Department of Political Science organized a series of webinars on "Good Governance and Right to Information Act "and Gender Equality and Violence Prevention.
- A National seminar on Biodiversity Conservation and Ecosystem Restoration was organized by Department of Botany, in collaboration with Kerala State Biodiversity Board, Trivandrum & Centre for Innovation in Science and Social Action, Trivandrum.

# TALKS AND LECTURES

Talks and lectures were organised by the various departments of the College this academic year:

- The department of Zoology organised a series of talks in connection with National Wildlife Week
- Department of Botany organised a series of talks and lectures as part of World Environment Day Celebration.
- The department of Computer Science organised a series of online Expert Lectures on "DATA ANALYTICS IN BUSINESS DOMAIN
- The Department of Malayalam organised lectures by renowned writers\_T D Ramakrishnan and Abin Joseph <u>in</u> connection with Reading Week
- The Department of English organised an international talk on "Women and Warfront Journalism" by Ms. Anjana Sankar, Senior Editor, Khaleej Times.
- The Department of Home Science organised talks on "Covid during Pregnancy, Lactation and role of vaccination" and "Breastfeeding Myths and Facts - Old and New" in connection with Breastfeeding Week

- Department of Social Work organised a lecture on Child Welfare System in Kerala by Ms Jenny, Co -coordinator, ChildLine, Thrissur
- Department of Physics conducted a series of talks "Reading through VIGNETTES in PHYSICS" in connection with the Reading Week

### **EXTRA-CURRICULAR ACTIVITIES**

The major competitions conducted over the year include:

- **COMFEST** by the Department of Commerce.
- Business Track'2022 inter collegiate event hosted by the Department of Commerce
- Online Digital Poster Making competition by the Department of Commerce
- "HABLEMOS" by the Department of Home Science as part of WORLD FOOD SAFETY DAY
- Intercollegiate Embroidery competition by the Department of Home Science as part of World Embroidery Day.
- Intercollegiate online recipe competition "FEST SEACLAIDE" by the Department of Home Science as part of World Chocolate Day,
- **Fashion Illustration competition,** in connection with National Handloom Day by the Department of Home Science.
- Quiz competition named Dan Kafe as a part of International Coffee Day by the Department of Home Science.
- Fancy Dress Competition for age 1-8 years kids as part of 75<sup>th</sup> Independence Day by the Department of computer science.

### **BEYOND BOOKS**

The students from the Department of Sociology participated as enumerators in the extreme poor household identification survey conducted by the Thrissur Municipal Corporation in collaboration with Kerala Institute of Local Administration, Thrissur.

In connection with UMANG 2K21, Department of Home Science conducted a webinar on the topic COMPERING- AN ART

An online Webinar on the topic 'Mantras to Wellness' was conducted, by Department of Home Science in collaboration with Women Development Cell as part of Umang 2021.

In connection with 75th Independence Day Celebrations, dept of Computer Science conducted Student to Student Reach out Programme involving 55 students from different departments

The Post graduate and Research Department of Physics organized 'Tech Toy' - a video compilation of various creative experiments done by the UG final year students of the department.

Department of Physics commemorated the Advancements in Indian Space Science after independence by compiling 75 videos to salute all veterans of Indian Space

Several of our students presented papers at various international and national conferences.

# NATIONAL CADET CORPS

- The NCC unit of Vimala College and the 7 Kerala Girls Battalion has been an arena of enthusiastic activities towards community development, social awareness and character building of the young generation
- NCC cadets donated blood at IMA Blood Bank, Ramavarmapuram on International Women's Day and Blood Donation Day
- Launched self-defence classes for all students with practical sessions
- cadets volunteered in a COVID Vaccination Campaign for 2 days
- cadets cleaned up the premises of Amar Jawan Park, Ayanthole in connection with Jalian Wala Bagh Massacre Day.
- hosted an inter group webinar honouring the 1971 battle of Longewala
- hosted an All India Nature Photography Contest on World Environment Day.
- organized a 2 day online Yoga workshop for International Yoga Day 2021
- conducted an interview with eminent officers from INDIAN ARMY as part of 22 years of glorious victory of KARGIL VIJAY DIWAS
- organized an Inter Collegiate awareness webinar on "Mental Health in an Unequal World" on International Mental Health Day.
- Arranged a condolence gathering for the late CDS Gen. Bipin Rawat
- cadets planted saplings and started with terrace gardening activities on Kisan Diwas.
- On World Cancer Day cadets ,conducted a Hair donation campaign at Amala Medical college and Research Centre Thrissur
- In connection with the Swachh Bharat Abhiyan Mission, the NCC cadets conducted an Online Group discussion on the topic "Ek Kadam Swatchatha Ki Or.

#### NSS

**NATIONAL SERVICE SCHEME UNITS 43 AND 120** actively participate in the upliftment of the college and society through various activities and programmes.

- NSS organized a mass VACCINATION DRIVE at the college auditorium for the students, staff as well as public.
- Blood Donors Club was inaugurated and several Blood Donation Camps were conducted.

- As part of AZADI KA AMRUTH MAHATSOV the NSS units took the task of cleaning the premises of IMA BLOOD BANK, Ramavarmapuram, Thrissur.
- Observed Birth Anniversary of Sardar Vallabhai Patel
- observed World Aids Day through a rally.
- Organised a seminar as part of NASHA MUKHTHI BHARAT ABHIYAN
- Conducted NSS Special Camp at Padukkad with workshops on soap, Detergent and Hand-wash making.
- Organized Self Defense Training sessions

#### **CLUBS AND FORUMS**

#### **DANCE CLUB-** Noopuram

- organised an Interdepartmental Onam Dance Competition 'Onakkali' organized a solo/ duet dance competition *Dance in Freedom* for our students as part of Republic Day celebrations.
- **Onam Special Dance Performance** as part of Onam Celebration

### ENTREPRENEURSHIP DEVELOPMENT CLUB

- organized a Webinar on 'Entrepreneurial Prospects and Possibilities for Women'
- hosted a virtual state level intercollegiate competition 'Business Re-engineering'.

### NUTRITION CLUB

- conducted **a competition for grandparents 'Nostalgic Recipes'** in connection with the Nutrition Week celebration.
- constituted **classes for students of different schools** of Thrissur district as part of Poshan Month.

### PAIN AND PALLIATIVE CARE CLUB- Santhwanam

- conducted an **orientation programme** as an initiative to create awareness about the importance and activities of Pain and Palliative Care.
- Organized "**Palliative Corner** "-interactive session between the former Pain and Palliative volunteers of Vimala College and the new members of the club as the part of Palliative Care Day.

### **MUSIC CLUB Saarang**

- organized Illustrious Alumna Talk by Swetha Somasundaram.
- conducted several exciting **student organized events in connection with onam** like OnaChind, Onam Vibes and Onaavali.
- Conducted Video Editing Competition on "Tribute to Baburaj" in collaboration with Vidya Academy of Science and Technology and a workshop

### **BIODIVERSITY CLUB**

- organized a virtual **quiz competition** on World Biodiversity Day.
- The Environmental Day was celebrated by **planting a sapling** by 31 teachers and nearly 619 students.
- organized an **Essay writing competition** and a **Plastic craftwork competition** on International Plastic Bag Free Day.
- created a collection of 75 Indian native plants in connection with 75<sup>th</sup> Independence Day
- conducted an **online quiz competition on Environmental pollution** in collaboration with the Institution innovation council.
- Conducted **a National seminar cum Oral Paper Presentation Competition** on Biodiversity Conservation and Ecosystem Restoration in collaboration with Kerala State Biodiversity Board (KSBB), Trivandrum & Centre for Innovation in Science and Social Action (CISSA), Trivandrum

### EK BHARAT SRESHT BHARAT CLUB

- arranged a **Recipe competition** for the students of Vimala college in association with Dept of Home Science
- introduced a **language learning activity** associated with Pahari languages as part of EBSB Day.
- The **EBSB DAY** was celebrated with an Awareness Video about Christmas to showcase how Christmas is celebrated in kerala.

### ANTI NARCOTIC CLUB

- organised a **State level Webinar** to create awareness regarding the ill effects of drug abuse.
- organized a **Poster making Competition** for School Students in connection with Kerala Piravi.
- organised **a digital campaign** to raise awareness on the major problems that illicit drugs cause to the society.
- conducted a **Group Discussion** in connection with the international day against drug abuse and illicit trafficking.

### YOGA & WELLNESS CLUB

- celebrated the **7th International Yoga Day** with the theme "Yoga for wellbeing "
- an online Suryanamaskar competition was conducted for students and staff.
- In connection with the Olympic day an online **Olympic Quiz competition** was conducted.
- In connection with the National sports day All Kerala Women's Virtual Dance Aerobics Competition and a one-month training programme was organized to commemorate the birth anniversary of Indian hockey legend Dhyan Chand.
- In connection with Azathi Ka Amrithh Mahotsav, the club has organised **75 Suryanamaskar challenge** for college students and staffs.

#### **INTERNSHIP GUIDANCE CELL**

• Organized **two webinars** on the topics "Role of Internships in Building Successful Career." and "Internship as a Gateway to Industry: On Opportunities and Benefits".

### FINE ARTS

• Coordinated Onam celebrations 'E-ONAM PONNONAM" and Principal's Feast Day celebrations

### **UGC CENTRE FOR WOMEN'S STUDIES**

The UGC Centre for Women's Studies, Vimala College, inaugurated its yearly programs with an international webinar on "Change in Gender Roles During Pandemic" This year the centre conducted a three months Certificate Course on "Gender Sensitization". It also conducted a "District Legal Awareness Session" with the Dept of Sociology and collaborated with the Alumnae to give an Orientation talk for the Mothers of III Semester U G and II Semester P G students The Centre also accorded a grand reception to the *Streesuraksha Navakerala Kalajatha* in the campus.

# WOMEN DEVELOPMENT CELL- WDC

The Women Development Cell of the College, with its motto "Empowered Women: Nation's Strength" has spearheaded several activities this academic year with the objective of promoting awareness and energising and empowering women to bring out their full potential for their own development and that of the nation on the whole. The Cell, in association with the various departments of the College organised about 21 webinars on pertinent issues and topics like Dowry prohibition Act and Related Issues, Responsible parenthood: With Emphasis on Reproductive health, Mental Health of young women, Stress Management, Financial Markets and FinTechs for Women Empowerment, Gender and Law, Gender Sensitization and more.

# **CATHOLIC ACTIVITIES**

the opening Holy Mass was celebrated on 5th November in the auditorium.

Feast of Our Lady of Mount Carmel was celebrated in a solemn way. Marian week celebration was organised through various programs like Marian Quiz, Marian Video Presentation, Marian Tableau, Marian Statue Decoration.

St Euphrasia's feast was celebrated with various programs. A two-day annual retreat was arranged in the college Auditorium for third year students in November.

All saints day was conducted with a tableau competiton. An orientation programme for catechism teachers was organised. The college celebrated her patroness day on 8th December with a Holy Mass

**Jesus Youth** of Vimala College is one of the primary pillars that supports the spiritual growth of students. The first offline meet was an occasion of great joy and excitement.

The members celebrated International Happiness Day through an online programme **Solpamsamayameeshoyoduoppam.** Offline weekly meetings were conducted every Thursday in the bible study room.

Jesus youth Christmas celebration included competitions like nano crib making, card making, candle decoration, star making, carols, Live crib and more among staff and students. A special program 'Christmas Light' was launched by Vimala College on Christmas day for Nirmala Media youtube Channel and Goodness Channel.

The feast of St. Chavara Kuriakose Elias was commemorated through a talk on the life and contribution of St Chavara.

Jesus Youth conducted a Life guidance for all final year students in March.

College along with Chair for Christian Studies and Research, University of Calicut conducts catechism classes for UG and PG students every Wednesday.

# **EXTENSION ACTIVITIES**

- **Community Nutrition Camp Yuvan** for students of villadom school was carried out
- The Third year BSc students of Mathematics department visited Christ villa old age home, Ramavarmapuram.
- Department of Psychology extends **tele-counselling activities** in collaboration with Institute for Mind and Brain Open Mind Charity, Thrissur
- IQAC organised Krishipadasala in collaboration with KSSP, Pudukkad Unit
- IQAC organised a workshop on "Awareness on Online Payment among Rural Women: Google E Payment".
- In association with 'Childline Ke Dosti Week, the first year MSW students **performed a theme dance** at multiple locations of Thrissur
- 'Koode', a Rural Camp for First Semester MSW Students was conducted in association with Annamanada Gramapanachayat
- Department of Botany produced and distributed vermicompost V- Fert to local community at affordable rates
- **Mushroom Cultivation** by UG students of the Department of Botany
- The Department of Botany had collaborated with Institute of Mind and Brain, Thrissur for a project on labelling the plants of their campus- **V-flora**.

# VIMALA COMMUNITY OUTREACH PROGRAMMES

Third year students of Mathematics department visited Christ villa old age home, Ramavarmapuram, as part of their Christmas celebrations.

Second year and Third year students of the department of computer Science conducted a telephone survey of all households under Ward 1 and Ward 2 of Madakkathara panchayath to collect information regarding Covid- 19 and related health issues. The collected data was analysed and a report was prepared and submitted to Panchayath

# UNNATH BHARATH ABHIYAAN - UBA

The UBA wing of the College effectively reached out to the needy sections of the society this year too. As part of their service, UBA volunteers observed Paper Bag Day and distributed handmade paper bags to various medical stores in UBA villages, spreading awareness about the need to replace harmful plastic bags with environment friendly paper bags. With the aim of motivating adolescent girls to give themselves a voice, and make them aware of their own rights, the UBA wing observed Malala Day by presenting a small documentary on Malala Yousafzai and sharing a flipbook version of her autobiography *I Am Malala*. Highlighting the theme of this year's World Anti-Drug Day, "Share Facts on Drugs. Save Lives" UBA team prepared a video and staged a skit for creating awareness regarding the evil impacts of drug usage on family and society. 75<sup>th</sup> year of Indian Independence was observed by the UBA by reaching out to the intellectually disadvantaged and financially poor. Educational materials were distributed to 75 student inmates of social service institutions and orphanages in UBA villages.

The team also undertook personal visits to all the 5 UBA villages to meet the newly elected officials and to re-assess the requirements of these villages. Telephonic and online student services were offered in the wake of Covid-19. Action Plans for all villages were chalked out on the basis of the visits and discussions. Through telephonic calls and google forms a survey was conducted in Madakkathara Panchayath and a report on Need Re-assessment and Vathilpadi Sevanam was prepared.

# PARENT TEACHER ASSOCIATION

College has always had the fortune of enjoying the patronage and support of an able and dedicated PTA. The General Body Meeting of the PTA was held online on 20 January 2022. The PTA functions with the Principal Dr Sr Beena Jose as its President and Mr Tony Cherppu as the Vice-President.

### ALUMNAE

The Alumnae Association, Ritorno, serves as a powerful network connecting the alumnae and the Alma Mater. The **annual reunion and general body meeting** of the Association was held on the second Saturday of October. The eighth edition of the Alumnae newsletter 'Dear Alumna' was released during this virtual reunion.

The Association organised an orientation for mothers of S5 UG and S3 PG students in association with Centre for Women Studies. The association organised **The Star of Vimala Contest** in honour of Rev Sr Stella Maria, the founder principal of our college and Alan Charisma Joseph (S6 B A English) was crowned the 'Star of Vimala'

As part of **Vimalardhram**, the outreach initiative by the Association, fund was collected from each department and was given to financially needy S1 UG students from each department. The foreign chapter of the Association VIMEX contributed an amount of Rs/-82000 to our S1 Sociology student who was seriously affected by Covid.

### SPORTS

Vimala college was awarded the best college in the field of sports for the year 2020-2021 in Calicut University. This year seven of our students represented India in the First Asian Soft baseball games 2021 which was held at Pokhara, Nepal. Till now 18 of our students represented Calicut University in various all India Interuniversity tournaments and also 16 students in national level competitions

Under the auspices of **"Fit Vimala Fit India**" the department of Physical Education organised several online competitions that offered a change from the daily routine and means to re-energise.

- The International Yoga Day, and National Sports day were celebrated on virtual mode
- In connection with Azathi Ka Amrithh Mahalsav the department has organised three main events for all college students and staff.
- conducted College Fitness Education Program for all first year students in the month of April 2021 through online mode.
- Vimala got second place in the Calicut University Intercollegiate Baseball championship.
- Vimala secured Second position in the Calicut University Intercollegiate Boxing championship with four medals.
- got second position in the Calicut University Intercollegiate Fencing championship. Dona Maria Tom got selection for Khelo India Championship.
- Vimala secured second position in the Calicut University Intercollegiate Handball championship under the caption ship of Krishna Priya,
- Vimala College organized Calicut University Intercollegiate Softball (Women) Championship and got second position in the championship.
- Vimala emerged first runner up position in the Calicut University Intercollegiate weightlifting championship.
- Vimala emerged second runner up position in the Calicut University Intercollegiate Ball badminton championship
- Vimala bagged second position in the Calicut University Intercollegiate Crosscountry championship.
- secured 4th Position In ICT Swimming Championship 2021-2022 with 6 medals.
- Priyanka and Dona Maria of our college represented Kerala team in SENIOR NATIONAL RUGBY WOMEN'S CHAMPIONSHIP at Odisha, Bhubaneswar & the team qualified for National Games.
- Angel Rose, B.com was selected for 64<sup>th</sup> National shooting championship competitions in Rifle events to be held at Bhopal Madhya Pradesh
- secured bronze medal in Senior National Tug of War Championship held at Rajaasthan
- Secured Bronze Medal In Senior National Women Netball Federation Championship
- Harsha Venu ,BA Sociology was selected as the best performer of State Judo Championship

### CONCLUSION

- We fondly remember Prof. Sheela Antony, Prof. Regina Bezzam and Smt. Rosily PD, retired faculties of the departments of Sociology, English and Physics, who left us for their heavenly abode.
  - We **bow our heads in prayer** for the **departed souls**.
- The year 2021-22 was distinguished by the remarkable strides that the College took towards greater glory and excellence.
- It was **marked with many events** and **success stories** that **can be attributed**, to the **dedication** and **team spirit of the members** of the **Management**, **Staff and Students**.
- Vimala College will continue to strive for excellence, balancing its historical responsibilities, while continuing to forge, new milestones.
- The abundant blessings of the Lord and the grace of Vimalamatha, has always been the anchor and guiding star, in all our activities and enterprises.